

# PE EXTRA CURRICULAR AUTUMN/ WINTER

	7		8		9		10		11		Sixth Form
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
Monday	Basketball (MJ)	Football (BH)	Rugby (DJ/SPB)	Football (BH)	Football (OJ)	Netball (ES)	Rugby (HD)	Netball (ES)			
Tuesday	Football (DG)	Step Aerobics (AC)		Step Aerobics (AC)		Step Aerobics (AC)	Football (OJ)	Step Aerobics (AC)		Step Aerobics (AC)	Step Aerobics (AC)
		Basketball (MJ)		Basketball (MJ)		Basketball (MJ)	CATCH UP FOR CNAT, GCSE, CTEC				
Wednesday	Rugby (DJ)	Netball (SPB)	Basketball (MJ)	Netball (ES)	Rugby (HD)	Football (BH)		Football (BH)	Football (DG)	Football (BH)	Body Conditioning (AC)
	Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)		Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)	Body Conditioning (AC)
	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining	Trampolining
Thursday		Rugby (SPB)	Football (HD)	Rugby (SPB)	Basketball (MJ)	Dance Fit (AC)	Basketball (MJ)	Dance Fit (AC)	Rugby (DJ)	Netball (ES)	Rugby (DJ) Netball (ES) Dance Fit (AC)
		Dance Fit (AC)		Dance Fit (AC)	Boxing	Boxing	Boxing	Boxing	Boxing	Boxing	Boxing
Friday	Boxing	Boxing	Boxing	Boxing							